Brain Body Being 2024 Cohort 2 Year 2 Call Schedule // All times are in Mountain Time		
monday, September 9	1 - 4 PM	
Monday, September 16	1 - 2:30 PM	
Monday, September 23	5 - 8 PM	
Monday, September 30	5 - 7:30 PM	
monday, October 7 - no class		
Monday, October 14	1 - 4 PM	
Monday, October 21	1 - 2:30 PM	
Monday, October 28	5 - 8 PM	
Monday, November 4	5 - 7:30 PM	
Monday, November 11	OFF	
Monday, November 11 - no class		
Monday, November 18	1 - 4 PM	
Monday, November 25	1 - 2:30 PM	
Integration BREAK UNTIL JANUARY 13		
Monday, January 13	5 - 7:30 PM	
Monday, January 20	5 - 8 PM	
Week of January 27	Meet with dyad (no monday call)	
monday, february 3 - No Class		
Monday, February 10	1 - 4 PM	
Monday, February 17	1 - 2:30 PM	
Week of February 24	Meet with dyad (no monday call)	
monday, March 3 - No Class		
monday, March 10	5 - 8 PM	
Monday, March 17	5 - 7:30 PM	
Week of March 24	Meet with dyad (no monday call)	

monday, March 31	1 - 4 PM
Integration BREAK UNTIL May 12	
Monday, May 12	1 - 2:30 PM
Monday, May 19	5 - 8 PM
Week of may 26	Meet with dyad (no monday call)
monday, June 2 - No Class	
Monday, June 9	1 - 4 PM
Monday, June 16	1 - 2:30 PM
Monday, june 23	5 - 8 PM
Integration BREAK UNTIL SEPTEMBER 8	
monday, September 8	1 - 4 PM
monday, September 15	1 - 2:30 PM
monday, September 22	5 - 8 PM
In-person retreat immersion spring 2026	